

## Health Course of Study (2015)

**4110.01**

### Strand: Safety

#### Grade Level Standards

- Understand "stranger danger" (K.PES.6)
- Know the difference between "good" and "bad" touch (K.PES.7)
- Understand that any inappropriate touch needs to be reported to an adult (1 and up)
- Identify the people to contact in an emergency situation (I.PHS.1 and up)
- Identify ways to maintain safety in various environments (I.PES.1,2,3,4 and up)
- Know and use necessary safety practices (2 and up; HS)
- Recognize the misuse and inappropriate expressions of sexuality (HS)
- Learn good decision-making skills (6.SC.2 and up)

### Strand: Self-Concepts

#### Grade Level Standards

- Each person is a gift of God, deserving respect (K.SC.1 and up)
- Know when adult help is needed to resolve a problem (I.SC.3 and up)
- Identify some situations that could cause physical or emotional harm and list strategies to avoid them (K and up)
- Identify refusal skills (K and up; HS)

### Strand: Communities

#### Grade Level Standards

- Recognize positive adult-child relationships (K and up)
- Responsible use of technology & social media, including photos (6 and up)
- Morally responsible behavior toward others (HS.C.1)

### Strand: The Body Systems

#### Grade Level Standards

- **The Reproductive System** (5.BS.1; HS.BS.1)

### Additional Resources for "Protecting God's Children"

Diocese of Columbus:

<http://www.colsdioc.org/ProtectingOurChildren.aspx>

VirtusOn-line

<https://www.virtusonline.org/virtus/>

Protecting God's Children (PGC) Program

[https://www.virtusonline.org/virtus/protecting\\_children.cfm](https://www.virtusonline.org/virtus/protecting_children.cfm)

Practical Advice for Parents on Preventing  
Child Sexual Abuse

<https://www.virtus.org/vir:usi/ParentHandbook.pdf>

Charter for the Protection of Children and  
Young People—USCCB

<http://www.usccb.org/issues-and-action/child-and-youth-protection/upload/Charter-for-the-Protection-of-Children-and-Young-People-revised-2011.pdf>

## Curriculum Support

for

## "Protecting God's Children"



Operating standards for all schools in the State of Ohio require that personal safety and assault prevention be taught in grades kindergarten through six.

Operating standards for the Ohio Catholic Schools Accrediting Association have the same requirements.

The Diocese of Columbus implements this requirement through the Religion Course of Study in schools and Parish Schools of Religion. In addition, in Catholic schools, standards in the Course of Study for Health provide additional opportunities for instruction.

## Religion Course of Study 2015

**Introduction:** The tasks, topics, and grade level standards are from the *Religion Course of Study 2015*

**Task:** III. Catechesis Promotes Moral Formation in Jesus Christ

V. Catechesis Prepares the Christian to Live in Community and to Participate in the Life & Mission of the Church.

### Topics and Standards related to sexuality and personal safety in the Religion Course of Study

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#### Gospel of Life (III.F)

- God created all things good, out of love for all peoples
- Every person has inherent dignity because he/she is made in God's image, with an intellect and free will
- All life is sacred from conception to natural death
- Care and respect for oneself and of others is the proper response to God's love
- Every person is created with a body and a soul—we respect and care for the whole person
- God created the world, its resources and all creatures. We are obligated to be good stewards of creation
- Human dignity can be destroyed through bullying, cheating, gossip, lies, prejudice, slander, stealing, etc
- All actions, both public and private, must strive to promote human dignity for all people
- Human work is a participation in God's creative work and essential to human dignity
- The first principle of Catholic Social Teaching is the promotion of the dignity of the human person

#### Living a Moral Life (III.G)

- Jesus is the preeminent example of loving God and others
- God gives each person grace and particular gifts to live as a disciple of Christ
- God gives an intellect and free will to all people to use to make sound moral decisions
- Virtues are good habits that help all to live moral lives
- Corporal and Spiritual Works of Mercy are expressions of our love for God and others
- Know that one's behavior bears witness to one's faith
- In spite of inevitable human weakness and failures, all Christians are called to live a virtuous life each day

#### Spiritual Growth (V.A)

- Holiness is a gift from God, which all are called to grow in throughout their lifetime
- Participation in the sacraments and community life support spiritual growth
- Practicing the virtues and establishing good habits enable one to grow in relationship with God, self and others
- Prayer and a life of study assist one in spiritual and moral growth
- Discipleship is living a life of virtue and service

#### Relationships and Responsibilities (V.B)

- God calls all of us to love each other as Jesus did
- Feelings are natural but are not the sole guide to our actions
- Understand the nature and responsibilities of Christian friendship
- Know that the Ten Commandments and the doctrines of the Church are guides for action
- Know how values and virtues are vital to forming right relationships
- Understand the Church's teaching on the purpose of the Common Good and our individual and collective responsibilities to promote it

#### Marriage and Family Life- Domestic Church (V.C)

- Family is a special gift from God in which all members are called to care for one another
- Understand the concept that family is a domestic church—a place of faith, hope and charity
- God made men and women equal in dignity
- Human sexuality is a gift from God
- Families cooperate in God's work of creation by raising and educating children in the faith
- Marriage is a sacrament between one man and one woman that is intended to be permanent and fruitful
- Understand the role of mutual love and respect the responsibilities of spouses toward each other and their children

**For a full list of grade level standards, contact the Office of Religious Education and Catechesis.**